

ACTIVITY PLANNER



AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Music Trivia Play a game of Music Trivia together!
2 Milkshake Making Make some milkshakes and see which flavour is the best	3 Knitting Do some knitting together and enjoy a warm drink with some biscuits	4 Seated Dance Organise a seated dance session and play some tunes!	5 Sensory Session Host a sensory experience for those you support	6 Baking Bake together! Why not try a coconut cake?	7 Candle Making Organise a Candle Making workshop. Choose different colours and scents	8 Live Music Performance Host a Live Music performance, and enjoy some treats
9 Board Games Get the board games out and lets see who wins!	10 Documentary Afternoon Pick a Documentary together and enjoy some snacks while watching it	11 Cake Taste Test Host a Cake Taste Test session, pick the best cake!	12 Book Club Discuss the books you've been reading recently and your thoughts	13 Comedy Afternoon Arrange for a Comedian to come to your service!	14 Disco! Host a Disco and get all dressed up! Enjoy some music and mocktails	15 Summer Fair Host a Summer Fair and invite family members to visit! Enjoy some food
16 Nature Walk Enjoy a walk together outside!	17 Crosswords Pick some crossword puzzles and work on them together	18 Spa Day Organise a Spa Day, play some relaxing music and relax	19 Poetry Session Read some poetry together and share your thoughts	20 Talent Show Host a Talent show between Staff and Patrons!	21 Bread Making Make some bread together and try it with some butter and jam!	22 AudioBook Afternoon Listen to an audio book together and enjoy some tea
23 Afternoon Tea Organise a mini afternoon tea and enjoy some homemade cakes	24 Painting Get some paints out and canvas'. Paint some scenery or something important to you	25 Aromatherapy Organise an aromatherapy session! Choose your favourite scent	26 Therapy Animal Visit Invite a therapy animal to your service	27 Instrument Playing Choose some instruments and play them together	28 Massage Session Organise a Massage Session at your service, for Patrons to relax	29 Karaoke! Host a Karaoke evening! Enjoy some treats too