

# ACTIVITY PLANNER



# JUNE 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Knitting</b> Set up a knitting workshop for your Residents!	<b>2 Flower Arranging</b> Create a bouquet of summer flowers together	<b>3 Meditation</b> Organise a guided meditation session, unwind and relax	<b>4 Crochet</b> Crochet some hats for the Summer or prepare for when it gets colder	<b>5 Board Games</b> Get the Board Games out and see who wins! Play Monopoly or Game of Life	<b>6 Painting</b> Use some water paints and paint different pictures together. Or you can use colouring pens
<b>7 Picnic Time</b> Organise a Picnic together, and enjoy some summer snacks and some Tea	<b>8 Spa Morning</b> Host a Spa Session, get the face masks out, have a massage and enjoy some peaceful mix	<b>9 Biscuit Baking</b> Bake some Shortbread biscuits together and decorate them with bright colour icing	<b>10 Crosswords</b> Print out some Crosswords and see who finishes first	<b>11 Live Music Visit</b> Invite a Musician to perform at your service for Patrons to enjoy	<b>12 Bingo!</b> Host a Bingo session and give prizes out to the winners	<b>13 Wellness Day</b> Do some seated yoga, play some peaceful music, relax together and rest
<b>14 Afternoon Tea</b> Host a mini afternoon tea for patrons. You could also include a taste test of different teas	<b>15 Pet Therapy Visit</b> Invite a Therapy animal to your service for Patrons to interact with	<b>16 Quiz Afternoon</b> Organise a Quiz and invite Patrons to join in	<b>17 Seated Yoga</b> Host a seated yoga session, play calming music and unwind	<b>18 Taste Test</b> Organise a Taste Testing session, try different foods and rate them together	<b>19 Documentary Afternoon</b> Pick a Documentary and watch together, enjoy some tea and coffee	<b>20 Candle Making Workshop</b> Make some candles together and pick a scent
<b>21 Father's Day</b> Invite Family Members to your Service and cook a Sunday Lunch for everyone to enjoy	<b>22 Book Club</b> Host a Book Club meeting, discuss what books you're currently reading and what you like	<b>23 Gardening</b> Do some gardening together outside, try to grow some flowers ready for the summer	<b>24 Live Dance Performance</b> Organise a Live Dance Performance for Patrons to enjoy	<b>25 Pottery Session</b> Paint some pottery together and decorate for summer	<b>26 Aromatherapy</b> Arrange a aromatherpy session, with some essential oils and have some green tea	<b>27 BBQ!</b> Host a BBQ at your Service! Patrons can enjoy some time outside and have a mini party
<b>28 Bird Watching</b> Make a list of the Birds you see and check who sees the most!	<b>29 Jigsaw Puzzles</b> Get out some Jigsaw puzzles and work on them together	<b>30 Karaoke</b> Organise a karaoke session and sing your favourite songs together				