ACTIVITY PLANNER



NOVEMBER 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

26

27

28

30

31

Crack out some Puzzles and eniov

hot drinks!

1 Puzzles



² Meditation

Take some time to relax and unwind!



3 Gardening

Plant some winter plants



Share your favourite photos and memories together

5 Bonfire Night

Watch some fireworks and have a hot chocolate!

6 Knitting

Practice your knitting

7 Bake Cookies

Bake some gingerbread cookies!



8 Word Search

Print out some word searches and do them together!

9 Music Day

Play some music and enjoy

10 Tea Tasting

Taste all different types of tea, and see which one has the highest score

11 Rememberance

Wear a Poppy, have a 2 minute silence at 11am. Remember those who fought to save our Country.

12 Mindfulness Walk

Have a little walk outside and embrace **\text{4.7}** nature

13 Kindness Day

Write notes to patrons, expressing your appreciation.

14 Massages

Relax with some nice massages and spa music

15 Quiz Night

Set up a Quiz and play in teams. Who will win?



¹⁶ Reading Day

Read your favourite books and share them together

17 Storytelling

Share stories and enjoy some cake or 📥 biscuits

18 Spa Day

Have a massage, facial or foot spa relaxation

19 Monopoly Day

Play Monopoly and see who wins!

20 Live Music

Have some live music and enjoy together 👟

21 Afternoon Tea

Set up a mini afternoon tea, and play some music



22 Bingo!

Play a game of Bingo, and enjoy some snacks!



Do some painting and enjoy hot drinks together

24 Jigsaw

Work on some Jigsaw puzzles



25 Yoqa

Strech and relax. Do seated yoga if needed!

26 Bake an **Apple Crumble**

Work together to bake a lovely crumble.

27 Pottery

Setup a pottery session. Paint pottery. Even Christmas pottery.

28 Movie Night

Pick a movie and watch it together. Enjoy some snacks!



Awaken your senses



30 Singing!

Practice your singing just in time before Christmas!



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